



# *Organic Ancient Seed Mix*

*Item Code: 306590*

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Ancient grains were already cultivated thousands of years ago in South America and considered a sacred food for more energy and strength. However over the years, these ancient cereals became more and more forgotten, because other types of durum and soft wheat were more productive. They were only rediscovered a few years ago, thanks to their many positive qualities.

*Packing : 7kg paperbag*



